

Co-Op Boy's Cross Country
team for Sleepy Eye Public,
New Ulm Cathedral and Sleepy
Eye St. Mary's

2010 Combined Co-op Cross Country Season Schedule and Results (SE)



Knights have experience

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By Michael Gassett — Journal Sports Writer

SLEEPY EYE - The Sleepy Eye/St. Mary's/New Ulm Cathedral cross country team isn't loaded with runners, but the one's the team does have are long on experience.

There are 17 runners out right now from grades 7 through 12 boys and girls, and there are five high school boys and five high school girls, so there is enough to field a team of each.

For the boys, Tony Hillesheim is back and he was the team's top runner last year and Isiah Buttler is also back this season.

"They were our top two runners last year," coach Scott DeMaris said. "They are both seniors and I expect them to be our top two runners again this year."

On the girls side, Kari Schumacher was the No. 1 last year. Cassie Cselovszki, Jessica Busch and Anna Ibberson are area also back for the Knights.

Most of these runners are in their second or third year, and some are on their fourth year of running.

"We like the work ethic of the kids," DeMaris said. "We got some experience with kids, we aren't deep in numbers but we are deep with experience with kids that we do have here."

Sleepy Eye/St. Mary's/Cathedral opens the season Tuesday at St. Peter in a triangular with St. Peter and St. James.

"We are just assessing our fitness level basically," DeMaris said. "Training and racing are two different things. We want to see where we are at racing-wise and tweak our training from there."

It's also a chance for the runners with less experience to get in a race and see what it's like.

"We do have two guys and one of the girls that really haven't run varsity," DeMaris said. "It's a matter of taking the first few meets and see where they are at. We always say, 'we want to be training hard enough to know that we are improving.' We want to improve in practice and improve in races."

More runners are always welcome.

"We have room for more if anyone is interested," DeMaris said. "We are always looking for people who are willing to do some hard work and have some fun."



Staff photo by Steve Muscatello Isiah Buttler and Anna Ibberson are two of the top returning runners for the Knights this season.

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Isiah Butler, St.
Mary's Track

Photo Morgue
SE/St. Mary's/
Cathedral Co-Op
Cross Country



Anna Ibberson .